



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### GIRLS UNDER 13 - 3KM

Position	Overall	Name	Licence	Gender	Club	Time
1	1	Chelsea Van Dyk	40092	Female	Benoni Northerns	11:57
2	2	Mzizi Zanele	41196	Female	LAFAs	12:16
3	3	Amila Tshetshe	41061	Female	Katlehong AC	12:35
4	4	Natalie Strydom	40518	Female	Riebies AC	13:28
5	5	Trinity Henning	41723	Female	Irun AC	12:38
6	6	Refilwe Ndlovu	42377	Female	East AC	13:02
7	7	Tamica Lloyd	40060	Female	Benoni Northerns	13:37
8	8	Kara Beytell	40439	Female	Springs Striders	13:50
9	9	Kai Hattingh	40077	Female	Benoni Northerns	14:08
10	10	Mulalo Matumba	40267	Female	Run Alex	14:23
11	11	Miane Pistorus	40065	Female	Benoni Northerns	14:48
12	12	Thobile Nkala	41190	Female	LAFAs	15:07
13	13	Ayanda Tsotetsi	41195	Female	LAFAs	15:27
14	14	Ciara Kroef	41748	Female	Irun AC	15:49
15	15	Nthabiseng Makhubela	T129	Female	Run Alex	16:00
16	17	Mila Botma	42688	Female	Runzone	16:44
17	18	Thato Leopeng	T184	Female	Mamepe Striders	16:53
18	19	Nosipho Nqubezelo	41659	Female	Mamepe Striders	16:57
19	23	Nqobile Precious Peter	40698	Female	Ekhaya AC	18:43
20	26	Tshepiso Sebele	42578	Female	Gauteng Striders AC	19:43
21	27	Nelisiwe Nyawuza	42966	Female	Waterfall AC	21:23
22	28	Lerato Chrissy Mphuthi	41319	Female	Top runners	21:24
23	29	Alexis Crystal Dankaert	T010	Female	No Club	21:39

### OTHER

Category	Overall	Name	Licence	Gender	Club	Time
Under 11	24	Lesedi Pholonyane	42254	Female	Pacers AC	18:43
Under 12	22	Menyatso Mohludi	42577	Female	Gauteng Striders AC	17:28
Under 12	25	Karabelo Tlome	42575	Female	Gauteng Striders AC	19:42
Under 14	16	Refiloe Makena	42585	Female	Gauteng Striders AC	16:08
Under 14	20	Ditami Mompotse	41523	Female	Daveyton Hearts	17:16
Under 14	21	Lehlohonolo Mogola	40389	Female	Daveyton Hearts	17:17



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### **BOYS UNDER 11 - 3KM**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	5	Junior Kwinda	40848	Male	Boxer	11:45
2	8	Koketso Nkosi	42536	Male	United stars AC	11:52
3	15	Asiphumeze Mggalelo	41931	Male	Diepsloot AC	12:41
4	18	Sanele Mthembu	41197	Male	LAFa	12:52
5	19	Boikanyo Promise Matotoka	T024	Male	Waterfall AC	12:52
6	22	Quade Malcolm MCGhee	41729	Male	Irun AC	13:16
7	23	Theo Masina	42931	Male	Waterfall AC	13:27
8	24	Karabo Makgalemele	40057	Male	Benoni Northerns	13:43
9	27	Simphiwe Ndlela	T161	Male	Mamepe Striders	13:56
10	28	Ewan Clark	41895	Male	IHT	14:01
11	29	Sihle Vela Buthelezi	40713	Male	Ekhaya AC	14:31
12	30	Lwazi Sithole	T100	Male	Benoni Northerns	14:34
13	32	Bongani Ndhlovu	40274	Male	Run Alex	14:50
14	33	Nkateko Fortunate Sithole	40283	Male	Run Alex	15:40
15	34	Prosper Sbonelo Mveli	40277	Male	Run Alex	15:54
16	37	Kgaugelo Makhubela	42522	Male	Daveyton Hearts	16:24
17	42	Rorisang Mokalabe	40387	Male	Daveyton Hearts	
18	44	Neo Bopape	40275-A	Male	Run Alex	



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### **BOYS UNDER 12 - 3KM**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	1	Indiphile Myeki	41060	Male	Katlehong AC	10:49
2	2	Sanele Mthonjeni	T154	Male	Boxer	11:23
3	3	Asiphe Tsewu	41062	Male	Katlehong AC	11:26
4	4	Teboho Marcelino Motloug	T177	Male	Phuthuma AC	11:41
5	6	Kade Booysen	40559	Male	Boxer	11:49
6	7	Bohang Qhoaisa	42413	Male	Mamepe Striders	11:51
7	9	Zandréh Vd Merwe	40046	Male	Benoni Northerns	11:54
8	10	Biondre Nappies	40842	Male	Boxer	12:03
9	11	Rhys Connor Sawyer	40061	Male	Benoni Northerns	12:07
10	14	Kamogelo Donald Kgwete	42452	Male	Ubuhle AC	12:40
11	16	Neil Labuschagne	41211	Male	Nedbank	12:43
12	17	Adrian Venter	40521	Male	Riebies AC	12:47
13	20	Kailan Aspden	40042	Male	Benoni Northerns	12:59
14	21	Victor Baloi	40583	Male	Trinity AC	13:14
15	25	Welcome Masemola	T201	Male	East AC	13:50
16	26	Ndulula Thomas Anathi	40608	Male	Bokamoso AC	13:52
17	31	Oratilwe Boikanyo	40446	Male	Springs Striders	14:36
18	36	Sifiso Miya	40315	Male	Gallopers	16:23
19	38	Montlha Makatalele	41324	Male	Daveyton Hearts	16:26
20	39	Alex Beasley	40451	Male	Springs Striders	17:38
21	40	Oarabile Leggau	41524	Male	Daveyton Hearts	
22	41	Keabetwse Thibela	41323	Male	Daveyton Hearts	
23	43	Samuel Mkhaliphi	42564	Male	Gauteng Striders AC	

### **OTHER**

<b>Category</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
Under 13	13	Sifiso Ndlovu	41188	Male	Lafa	12:39
Under 13	35	Tshepang Mokhina	41317	Male	Top runners	16:03
Under 8	12	Marais Botha	T105	Male	Noordheuwel AC	12:27



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### GIRL UNDER 11 - 3KM

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	1	Kwena Karabo Sobuza	42263	Female	Boxer	12:09
2	3	Minke Scholtz	40915	Female	32Gi	12:17
3	4	Asavela Silingile	41064	Female	Katlehong AC	12:24
4	5	Kayla Botha	40086	Female	Benoni Northerns	12:33
5	7	Mila Rossouw	40098	Female	Benoni Northerns	12:54
6	8	Ndlovu Thoko	41199	Female	Lafa	13:00
7	10	Shayla Anne Philpott	41980	Female	Lydiard	13:08
8	11	Elihle Nyezi	42537	Female	United stars AC	13:09
9	15	Rotundwa Mokgothu	T151	Female	Gallopers	13:33
10	16	Hleliwe Mhlatyane	T043	Female	East AC	13:41
11	17	Sumay Heymans	40916	Female	32Gi	13:44
12	18	Kayla Doman	40908	Female	32Gi	13:54
13	24	Liane Mia Erasmus	40056	Female	Benoni Northerns	14:21
14	25	Mokgadi Monyela	40290	Female	Run Alex	14:34
15	28	Kenzie Van Jaarsveld	42255	Female	Pacers AC	16:03
16	36	Katherine Grobbelaar	42026	Female	Helpmekaar	18:02
17	37	Nobuhle Ngema	40279	Female	Run Alex	18:12
18	38	Alexis Grobbelaar	42025	Female	Helpmekaar	18:19
19	42	Lihle Lesufi	40386	Female	Daveyton Hearts	20:06
20	44	Tshegofatso Mogola	41525	Female	Daveyton Hearts	20:24
21	47	Mapaseka	T104	Female	Gallopers	20:42
22	48	Lesiba Mokobi	42268	Female	Pacers AC	29:32



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### GIRLS UNDER 12 - 3KM

Position	Overall	Name	Licence	Gender	Club	Time
1	2	Minenhle Kgapola	41187	Female	Lafa	12:14
2	6	Eltonay Hermaans	40841	Female	Boxer	12:36
3	9	Katelyn Van Staden	40840	Female	Boxer	13:03
4	12	Anathi Ntshangase	41067	Female	Katlehong AC	13:15
5	13	Melany Mans	41726	Female	Irun AC	13:21
6	14	Teeghan Jade Sawyer	40062	Female	Benoni Northerns	13:28
7	19	Hayley Reynolds	40519	Female	Riebies AC	13:56
8	20	Julia Makhulane	41194	Female	Lafa	14:02
9	21	Lianke Kotze	41220	Female	Nedbank	14:11
10	22	Kayleigh Human	40044	Female	Benoni Northerns	14:17
11	23	Lucia Kubai	41150	Female	East AC	14:21
12	27	Tumi Kgaphola	T198	Female	East AC	16:01
13	29	Nkosinathi Nxumalo	40388-A	Female	Daveyton Hearts	16:03
14	30	Lerato Kekane	40281-B	Female	Run Alex	15:25
15	31	Karabo Dikgale	40286	Female	Run Alex	16:52
16	32	Anushka Herbst	40448	Female	Springs Striders	17:16
17	33	Busisiwe Mahlangu	42961	Female	Waterfall AC	17:32
18	34	Amber Green	41571	Female	Jansen AC	17:40
19	39	Mihlan Moodie	40427	Female	Springs Striders	18:25
20	40	Onwabe Tshangana	40270	Female	Run Alex	19:24
21	41	Mathonsi	40611	Female	Bokamoso AC	19:35
22	43	Sinenhlanhla Mokoena	41325	Female	Daveyton Hearts	20:20
23	45	Siyabonga Nxumalo	40388-B	Female	Daveyton Hearts	20:36
24	46	Karabelo Mokoena	42706	Female	East AC	20:37

### OTHER

Category	Overall	Name	Licence	Gender	Club	Time
Under 11	26	Olwethu Malinga	42378	Male	East AC	15:59
Under 11	35	Itumeleng Mokgomo	42364	Male	East AC	17:55



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### **BOYS UNDER 8 - 1KM**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	1	Adriano Jooste	40845	Male	Boxer	04:20
2	2	Ephraim Khanye	40849-A	Male	Boxer	04:21
3	4	Mfundo Songololo	40716	Male	Ekhaya AC	04:21
4	6	Mokgehle Omphile Daniel	40606	Male	Bokamoso AC	04:40
5	8	Bandile Mogami Kopano	T022	Male	Mohlakeng AC	04:47
6	10	Oratiwe David Mphuthi	41318	Male	Top runners	04:58
7	14	Nathan Logan-Van Zyl	40073	Male	Benoni Northerns	05:15
8	18	Kamryn Aspden	T052	Male	No Club	05:27
9	21	Tiisetso Seema	40686	Male	Lesedi AC	06:06
10	22	Liyema Dondolo	40721	Male	Ekhaya AC	06:27



LEAGUE 1 - 20 APRIL 2024 - TSAKANE

**GIRLS UNDER 8 - 1KM**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	3	Kealeboga Selafa	42970	Female	United stars AC	04:20
2	5	Dineo Nzuza	41152	Female	East AC	04:32
3	7	Marli Reynolds	40520	Female	Riebies AC	04:44
4	9	Ithalanda Majali	42538	Female	United stars AC	04:56
5	11	Ndalo Zwane	42376	Female	East AC	05:02
6	12	Bohlokoa Mokonyane	42540	Female	United stars AC	05:05
7	13	Keitumetse Tholo	T063	Female	Tsakane	05:07
8	15	Bontle Makgalemele	40058	Female	Benoni Northerns	05:16
9	16	Lihle Khumalo	T222	Female	United stars AC	05:20
10	17	Tshegofatso Batji	T195	Female	East AC	05:27
11	19	Phindile Seema	40685	Female	Lesedi AC	05:45
12	20	Bontle Komane	T028	Female	Gallopers	05:55
13	23	Matshidiso Mohlahlo	40323	Female	Gallopers	
14	24	Bonolo Komane	T027	Female	Gallopers	



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### BOYS UNDER 10 - 2KM

Position	Overall	Name	Licence	Gender	Club	Time
1	1	Bokamuso Siyanda Nonyane	40081	Male	Benoni Northerns	07:29
2	2	Kagiso Xaba	41071	Male	Phuthuma AC	07:34
3	3	Bokang Maboya	42445	Male	Ubuhle AC	07:45
4	4	Bajamile Malibe	T021	Male	Benoni Northerns	07:46
5	5	Nhlakanipho Tshabalala	T119	Male	Phuthuma AC	07:56
6	7	Kungawo Madikane	42262	Male	Boxer	08:19
7	10	Steff De Swardt	40926	Male	32Gi	08:33
8	12	Lisakhanya Majodina	T090	Male	Ekhaya AC	08:43
9	18	Willie Le Roux	40906	Male	32Gi	08:59
10	20	Mokgehle Oratile Gift John	40605	Male	Bokamoso AC	09:04
11	22	James Lowe	T049	Male	No club	09:07
12	26	Oratilwe Mabote	41068	Male	Katlehong AC	09:28
13	28	Caleb Green	41572	Male	Jansen AC	09:31
14	29	Alejandro Duvenage	40454	Male	Springs Striders	09:32
15	37	Tshegofatso Matsetela	40300	Male	Run Alex	10:02

### BOYS UNDER 9 - 2KM

Position	Overall	Name	Licence	Gender	Club	Time
1	8	Banele Mkhhehle	41193	Male	Lafa	08:20
2	15	Likamva Mpongoma	40293	Male	Run Alex	08:50
3	19	Kaden Price	40043	Male	Benoni Northerns	09:00
4	24	Lebone Masuku	42711	Male	Origins AC	09:20
5	27	Bohlale Konyana	42348	Male	Warriors	09:29
6	30	Rhuthatso Motapane	41777	Male	Katlehong AC	09:33
7	32	Sion Johannes Schoultz	40438	Male	Springs Striders	09:48
8	35	Lerumo Mokobi	42265	Male	Pacers AC	09:58
9	38	Ndiene Blessing Mabada	40298	Male	Run Alex	10:05
10	42	Elgin Diviani	26722	Male	RAC	10:10
11	52	Thato Sikhosana	42699	Male	Mohlakeng AC	11:39
12	59	Simelokuhle Ngcobo	42414	Male	Mamepe Striders	12:06
13	60	Enzokuhle Prince Peter	40697	Male	Ekhaya AC	12:16





## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### GIRLS UNDER 9 - 2KM

Position	Overall	Name	Licence	Gender	Club	Time
1	9	Mila Scholtz	40913	Female	32Gi	08:26
2	23	Alexia Visser	40074	Female	Benoni Northerns	09:07
3	31	Azaniah Lebe	T020	Female	Malcom X AC	09:41
4	33	Likhona Kubayi	42690	Female	East AC	09:49
5	39	Reitumetse Lekena	42402	Female	Gauteng Striders AC	10:07
6	40	Khanyisile Masiteng	T068	Female	Diepsloot AC	10:09
7	41	Rebecca JONes	40069	Female	Benoni Northerns	10:09
8	45	Shayla Lloyd	40059	Female	Benoni Northerns	10:38
9	47	Rolomane Sibahle	40610	Female	Bokamoso AC	11:15
10	48	Mpilwenhle Ntambo	42412	Female	Mamepe Striders	11:34
11	50	Morongwa Dolamo	40717	Female	Ekhaya AC	11:37
12	53	Nelisiwe Zikalala	40692	Female	Lesedi AC	11:40
13	54	Owami Mahlangu	42964	Female	Waterfall AC	11:47
14	57	Samantha Nyasha Dube	40718	Female	Ekhaya AC	11:55
15	62	Dineo Marema	41522-A	Female	Daveyton Hearts	13:28

### GIRLS UNDER 10 - 2KM

Position	Overall	Name	Licence	Gender	Club	Time
1	6	Ayakha Majali	42534	Female	United stars AC	08:15
2	11	Yasmin Jooste	40849-B	Female	Boxer	08:37
3	13	Joanne Khama	42535	Female	United stars AC	08:45
4	14	Magdarling Malatji	40285	Female	Run Alex	08:48
5	16	Zinzi Skhenjana	41776	Female	Katlehong AC	08:56
6	17	Mikayla Mans	41727	Female	Irun AC	08:57
7	21	Lea Klingenberg	40070	Female	Benoni Northerns	09:06
8	25	Karabo Mokonyama	42539	Female	United stars AC	09:21
9	34	Miah Van Nieuwenhuizen	40452	Female	Springs Striders	09:56
10	36	Ofentse Ramoshaba	40364	Female	Tembisa AC	10:01
11	43	Alissa Jenay Wolmarans	40436	Female	Springs Striders	10:30
12	44	Takalani Msibi	40292	Female	Run Alex	10:36
13	46	Hlaluko Manganyi	42257	Female	Boxer	10:45
14	49	Sabela Nhletelo Bronnel	40609	Female	Bokamoso AC	11:35
15	51	Livolatha Ntshebe	40715	Female	Ekhaya AC	11:37
16	55	Siphesihle Seabi	42967	Female	Waterfall AC	11:50
17	56	Mmaphuthego Komane	40324	Female	Gallopers	11:51
18	61	Avela Kotswane	42973	Female	United stars AC	12:37

### OTHER

Category	Overall	Name	Licence	Gender	Club	Time
Under 11	58	Lesedi Muravha	T081	Female	No club	12:00



LEAGUE 1 - 20 APRIL 2024 - TSAKANE

**SENIOR WOMEN - 2KM**

Position	Overall	Name	Licence	Gender	Club	Time
1	6	Elvirah Maphosa	17966	Female	Waterfall AC	10:09
2	11	Nthabiseng Motaung	T130	Female	Katlehong AC	11:32
3	12	Puseletso Ilene Moate	T146	Female	No Club	12:04

**YOUTH WOMEN - 2KM**

Position	Overall	Name	Licence	Gender	Club	Time
1	2	Morgan Harmse	42031	Female	Helpmekaar	08:36
2	5	Koketjo Mokgwatjana	41526	Female	Far North Runners Club	09:37
3	7	Nokuthula Thobani	T127	Female	East AC	10:34
4	8	Koketso Mokobi	42289	Female	Pacers AC	10:40
5	9	Kopano Matlholoe	42528	Female	United stars AC	10:42
6	10	Reitumetsi Kotswane	42971	Female	United stars AC	11:05
7	13	Nompumelelo Mbhele	40326	Female	Gallopers	15:41

**JUNIOR WOMEN - 2KM**

Position	Overall	Name	Licence	Gender	Club	Time
1	1	Lika Strydom	42071	Female	Helpmekaar	07:45
2	3	Chante Viljoen	42324	Female	Boxer	08:52
3	4	Tisetso Tshabalala	41153	Female	East AC	09:24
4	14	Tumisho Malapile	40693	Female	Lesedi AC	15:55



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### SENIOR MEN - 2KM

Position	Overall	Name	Licence	Gender	Club	Time
1	1	Kamogelo Masemola	25453	Male	Old Eds AC	06:16
2	2	Innocent Manana	26082	Male	Katlehong AC	06:26
3	3	Jason Vermeulen	11337	Male	Varsity Kudus AC	06:32
4	6	Thato Nkadimeng	T220	Male	Waterfall AC	06:49
5	27	Wesley Wolf	2543	Male	Trinity AC	08:10
6	31	Mluleki	4842	Male	Tsakane	08:30

### JUNIOR MEN - 2KM

Position	Overall	Name	Licence	Gender	Club	Time
1	4	Esak Ngubane	40672	Male	Lesedi AC	06:41
2	9	Ncebo	42449	Male	Ubuhle AC	06:59
3	10	Ryan Ferreira	40638	Male	Benoni High AC	06:59
4	16	Peter Baloi	40581	Male	Trinity AC	07:16
5	23	Bokamoso Mabotja	40683	Male	Lesedi AC	07:42
6	24	Sphelele Zikode	42448	Male	Ubuhle AC	07:46
7	25	Mosehla Matshwara johannes	13781	Male	Bokamoso AC	08:01
8	28	Koketso Sithole	40682	Male	Lesedi AC	08:13
9	29	Linda Mbonani	41353	Male	Waterfall AC	08:20
10	32	Milisa Komsana	40671	Male	Lesedi AC	10:06

### YOUTH MEN - 2KM

Position	Overall	Name	Licence	Gender	Club	Time
1	5	Nhlakanipho Mahatma	42450	Male	Ubuhle AC	06:48
2	7	Kamogelo Mapheto	40288	Male	Run Alex	06:50
3	8	Zakhele Ndlovu	40673	Male	Lesedi AC	06:50
4	11	Nhlanhla Tenyane	42455	Male	Ubuhle AC	07:03
5	12	Sakhile Shongwe	40668	Male	Lesedi AC	07:05
6	13	Mbingeleli Ncubeko Siyamamkela	40615	Male	Bokamoso AC	07:11
7	14	Vusimuzi Mthembu	42565-B	Male	Gauteng Striders AC	07:12
8	15	Lizalise Nake	40669	Male	Lesedi AC	07:14
9	17	Siyabonga Pallo Gwebu	41160	Male	East AC	07:17
10	18	Simphiwe Buzwa	40896	Male	Ghetto sport tech	07:25
11	19	Yonga Xametshata	40666	Male	Lesedi AC	07:28
12	20	Phomello Ranala	49400	Male	Daveyton Hearts	07:33
13	21	Yonda Xametshata	40667	Male	Lesedi AC	07:37
14	22	Sandile Vincent Mokanyane	40621	Male	Bokamoso AC	07:41
15	26	Nkateko	40695	Male	Lesedi AC	08:10
16	30	Syclin Naidoo	40582	Male	Trinity AC	08:27
17	33	Pfano Gregory Phundulu	T040	Male	Midrand Striders	11:02
18	34	Asanda Magagula	41171	Male	Katlehong AC	14:06



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### GIRLS UNDER 14 - 4KM

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	3	Heylinn Nelson	40576	Female	Trinity AC	16:36
2	4	Suné-Louise Prinsloo	42066	Female	Helpmekaar	16:37
3	6	Thato Atlehang Sesoko	41161	Female	East AC	16:56
4	7	Emma Hickley	40641	Female	Benoni High AC	17:19
5	8	Micaela Roome	42084	Female	Helpmekaar	17:58
6	9	Thandeka Sibanda	40295	Female	Run Alex	18:01
7	11	Polinah Nkadimeng	41342	Female	Waterfall AC	18:16
8	12	Tyla Maria	400454	Female	Benoni Northerns	18:22
9	13	Kayla Froneman	40079	Female	Benoni Northerns	18:29
10	15	Hadassah Simfuke	T042	Female	Midrand Striders	18:48
11	19	Tatum Froneman	40080	Female	Benoni Northerns	19:55
12	20	Dinah Motlalepule Mahume	40719	Female	Ekhaya AC	20:03
13	23	Masindi Msibi	40291	Female	Run Alex	20:56
14	25	Suné	40485	Female	Kempies	21:31
15	27	Tamara Mhlongo	T176	Female	Midrand Striders	23:00
16	28	Kopano Mokongama	42530	Female	United stars AC	23:15
17	36	Phiwokuhle Buthelezi	40714	Female	Ekhaya AC	



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### GIRLS UNDER 15 - 4km

Position	Overall	Name	Licence	Gender	Club	Time
1	1	Nicola Smith	40700	Female	Ekhaya AC	16:08
2	2	Katelin Heymans	40912	Female	32Gi	16:08
3	5	Jade Doran	40088	Female	Benoni Northerns	16:45
4	10	Kendra Dorfling	40477	Female	Kempies	18:04
5	14	Tholang Mokone	41162	Female	East AC	18:43
6	16	Kaitlyn Mackay	40644	Female	Benoni High AC	18:54
7	17	Mary-Jane Nel	40646	Female	Benoni High AC	19:05
8	18	Megan Deeble	40094	Female	Benoni Northerns	19:40
9	21	Karabo Ntsibande	42710	Female	Origins AC	20:05
10	22	Kirsten Strydom	40466	Female	Kempies	20:19
11	24	Amor Garnie	T011	Female	Midrand Striders	21:24
12	26	Buhle Ntambo	42411	Female	Mamepe Striders	22:19
13	29	Sinesihle Noludwe	T163	Female	Midrand Striders	23:53
14	30	Jordan-Lee Longstaff	40087	Female	Benoni Northerns	24:05
15	31	Katleho Ramaele	42410	Female	Mamepe Striders	25:31
16	33	Ezile Dondolo	40720	Female	Ekhaya AC	25:40
17	34	Simone Grobbelaar	42027	Female	Helpmekaar	25:50
18	35	Zanele Mbatha	41167	Female	Katlehong AC	25:55

### OTHER

Category	Overall	Name	Licence	Gender	Club	Time
Under 12	32	Sinokuhle Makae	T164	Female	New Mega primary school	25:32



LEAGUE 1 - 20 APRIL 2024 - TSAKANE

**GIRLS UNDER 16 - 4KM**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	17	Lerato Rebecca Nhlapo	40399	Female	Phuthuma AC	15:48
2	24	Megan Roome	42083	Female	Helpmekaar	16:29
3	40	Lize-Mari De Beer	40470	Female	Kempies	18:01
4	50	Enreth Daniel	40707	Female	Ekhaya AC	18:58
5	52	Lene Bosch	40488	Female	Kempies	19:19
6	55	Cherese Nel	T033	Female	Pretoria	19:43
7	64	Keabetswe Mphahlele	T062	Female	Midrand Striders	23:21
8	65	Iminathi Maganise	T044	Female	Midrand Striders	24:21

**GIRLS UNDER 17 - 4KM**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	23	Cassidy Bosman	40486	Female	Kempies	16:24
2	28	Kiana Pepler	40648	Female	Benoni High AC	17:05
3	34	Saskia Heydenrych	42033	Female	Helpmekaar	17:25
4	37	Nqobile Mantombazane Maseko	42604	Female	East AC	17:45
5	44	Bronwyn Wagner	40573	Female	Boxer	18:34
6	53	Azelia Zitha	42976	Female	East AC	19:24
7	62	Danielle Strydom	40465	Female	Kempies	21:53
8	63	Okuhle Tshangana	40271	Female	Run Alex	22:26



LEAGUE 1 - 20 APRIL 2024 - TSAKANE

**BOYS UNDER 14 - 4KM**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	4	Teko April Tsotetsi	40398	Male	Phuthuma AC	14:36
2	6	Marothi Letsoalo	40297	Male	Run Alex	15:01
3	8	Joshua Jowa	40170	Male	Runzone	15:08
4	10	Khumalo Mathunyane	42321	Male	Boxer	15:20
5	12	Samukelo Msibi	T152	Male	Benoni Northerns	15:32
6	18	Lufuno Mokgothu	T094	Male	Gallopers	15:50
7	19	Stefan Labuschagne	42048	Male	Helpmekaar	16:01
8	20	Lehlohonolo Tsotetsi	40579	Male	Trinity AC	16:07
9	27	Ntando Ndlangamandla	41775	Male	Katlehong AC	17:02
10	32	Elwano Wilskut	40580	Male	Trinity AC	17:14
11	33	Omphile	41155	Male	East AC	17:25
12	41	Ronewa Sigudla	40286-B	Male	Run Alex	18:15
13	42	Seth Koeberg	40758	Male	Fitness From Africa	18:27
14	43	Nzimandesbusiso Mzwandile	40617	Male	Bokamoso AC	18:31
15	49	Banele Mkhumane	40674	Male	Lesedi AC	18:58
16	54	Mfanafuthi Khensa Ngwenya	42654	Male	Springs Striders	19:34
17	56	Setumo Mabote	41165	Male	Katlehong AC	19:50
18	57	Marcelo Losco	40764	Male	Fitness From Africa	20:25
19	58	Thanduxolo Dlamini	40276	Male	Run Alex	20:50



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### **BOYS UNDER 15 - 4KM**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	1	Tyran Brooks	40844	Male	Boxer	13:34
2	2	Sipho Elias Mollo	41070	Male	Phuthuma AC	14:00
3	3	Thabiso Mokgatla	T182	Male	Mamepe Striders	14:26
4	5	Khomotso Legong	T004	Male	United stars AC	14:58
5	7	Thabang Malapane	40893	Male	Ghetto sport tech	15:06
6	9	Thabo Kleinboy Mokoena	41072	Male	Phuthuma AC	15:13
7	11	Sbusiso Gordon Budiba	42558	Male	Tsakane	15:29
8	13	Ntando Mtolo	T005	Male	East AC	15:37
9	14	Anele Skwatsha	40066	Male	Benoni Northerns	15:42
10	15	Nyakallo Tsotetsi	T133	Male	Phuthuma AC	15:43
11	16	Elias Schmidt	40748	Male	Fitness From Africa	15:47
12	21	Phillip Jacobs	40498	Male	Kempies	16:08
13	22	Zusiphe Ngxingweni	41175	Male	Katlehong AC	16:12
14	25	Siphehile Sikhakhane	41321	Male	Top runners	16:49
15	26	Rolomane Sandile	40620-B	Male	Bokamoso AC	16:54
16	29	Wakhile Nkosi	42532	Male	United stars AC	17:09
17	30	Qabashe Zubenathi Nhlanhla	T147	Male	Tsakane	17:11
18	31	Prince Mabunda	40773	Male	Fitness From Africa	17:13
19	35	Mthembu Nkosinathi Sandile	40619	Male	Bokamoso AC	17:35
20	36	Lethukuhle Phetheho	42958	Male	Waterfall AC	17:40
21	38	Sipho Skwatsha	T165	Male	Benoni Northerns	17:52
22	39	Gianluca Del Grosso	40091	Male	Irun AC	17:57
23	45	Sipho Sibisi	42567	Male	Gauteng Striders AC	18:38
24	46	Thabang Lekata	42573	Male	Gauteng Striders AC	18:41
25	47	Abrahams Tyress Jarman	40618	Male	Bokamoso AC	18:51
26	48	Siyabonga Sambo	42959	Male	Waterfall AC	18:52
27	51	Loanda Mathaba	42266	Male	Pacers AC	19:19
28	59	Asakhe Maduna	41173	Male	Katlehong AC	21:14
29	60	Sphamandla Charlie	42332	Male	Mohlakeng AC	21:20
30	61	Akhona Skhosana	42972	Male	United stars AC	21:49





## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### **BOYS UNDER 13 - 4KM**

Position	Overall	Name	Licence	Gender	Club	Time
1	1	Syanda Madlabane	40063	Male	Benoni Northerns	14:22
2	2	Menzi Ncapai	41065	Male	Katlehong AC	15:33
3	3	Bonang Matsi	41063	Male	Katlehong AC	15:43
4	4	Tseko Mofokeng	42533	Male	United stars AC	15:52
5	5	Sihle Nyezi	42541	Male	United stars AC	15:59
6	6	Abraham Aphiwe Zulu	41930	Male	Diepsloot AC	16:05
7	7	Dimakatso Diabela	40677	Male	Lesedi AC	16:32
8	8	Siyabonga Mbatha	40676	Male	Lesedi AC	16:56
9	9	Gosiame Mokgotla	T208	Male	Waterfall AC	16:58
10	10	Siphenathi Dywili	41058	Male	Katlehong AC	17:08
11	11	Logan Diviani	298	Male	RAC	17:09
12	12	Dimpho Kingsley Bowale	41927	Male	Diepsloot AC	17:24
13	13	Aron Mashiane	42566	Male	Gauteng Striders AC	17:33
14	14	Timothy Gavin Erasmus	40055	Male	Benoni Northerns	17:37
15	16	Ayakha Tetani	41774	Male	Katlehong AC	18:04
16	18	King Boitshelo Masiteng	T069	Male	Diepsloot AC	18:15
17	20	Imange Molose	41066	Male	Katlehong AC	18:43
18	23	Arnu Barnard	41718	Male	Irun AC	19:41
19	26	Ontlametse Maherry	40743	Male	Fitness From Africa	20:09
20	35	Sibusiso Ndlovu	41932	Male	Diepsloot AC	22;13
21	38	Mamotsewe Mokgwatjana	T102	Male	Far North Runners Club	22:33
22	45	Armstrong Buthelezi	40712-A	Male	Ekhaya AC	23:24
23	58	Christopher Doubell	41222	Male	Nedbank	27:01

### **OTHER**

Category	Overall	Name	Licence	Gender	Club	Time
Under 11	49	Nhlanhla Mahlangu	42963	Female	Waterfall AC	24:21
Under 13	59	Paballo Maboya	42379	Female	East AC	27:30
Under 11	21	Nompumelelo Khaswer	42951-B	Male	Waterfall AC	18:43
Under 11	24	Kgotlelelo Nkadimeng	42965-B	Male	Waterfall AC	19:59
Under 12	32	Njabulo Radebe	41376	Male	Waterfall AC	21:39



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### **SUB VETERAN WOMEN (35-39)- 4KM**

Position	Overall	Name	Licence	Gender	Club	Time
1	27	Charlotte Venter	8370	Female	Boksburg AC	20:39
2	44	Thandy Matlaila	8737	Female	Hollywood AC	23:07
3	55	Liane Van Nieuwenhuizen	22746	Female	Springs Striders	25:35
4	65	Precious Nyezi	T144	Female	United stars AC	32:32
5	66	Thabile Jili	19841	Female	Lesedi AC	37:42
6	68	Sibongile Dladla	11543	Female	Mamepe Striders	40:01
7	70	Lesedi Masuku	T214	Female	Origins AC	

### **Veteran Women 40- 44**

Position	Overall	Name	Licence	Gender	Club	Time
1	25	Prudence Bongjwe Simelane	2685	Female	Ubora AC	20:00
2	29	Limakatso Ngatane	14069	Female	Kagiso Striders AC	20:52
3	34	Bridget Mampsika	15150	Female	Randburg Harriers	22:01
4	36	Disebo Makau	26475	Female	Mohlakeng AC	22:23
5	39	Elaine Beytell	8951	Female	Springs Striders	22:39
6	42	Lana Botha	14492	Female	Kempton Road Runners	23:01
7	50	Plantine Komane	4611	Female	Gallopers	24:23
8	57	Noloyiso Mtldo	14397	Female	Mohlakeng AC	25:25
9	67	Elin Lorimer	1881	Female	Ekhaya AC	37:45

### **Veteran Women 45-49**

Position	Overall	Name	Licence	Gender	Club	Time
1	17	Stephanie Vermeulen	3682	Female	Varsity Kudus AC	18:10
2	22	Debbie Oleary	463	Female	RAC	19:31
3	30	Patricia De Meyer	1652	Female	Benoni High AC	21:08
4	47	Tracy Bosman	97	Female	Benoni High AC	23:56
5	54	Elizabeth Deliwe Magagula	23145	Female	Tsakane	25:28
6	61	Francis Rogan	1749	Female	Ekhaya AC	28:43

### **Master Women 50-54**

Position	Overall	Name	Licence	Gender	Club	Time
1	15	Elizabeth Potter	10712	Female	Boxer	17:44
2	19	Thuli Mbatha	7333	Female	Katlehong AC	18:20
3	37	Karen Ferreira	2297	Female	Benoni High AC	22:28
4	41	Ngenzile Ngcobo	21260	Female	Rocky Road Runners	23:01
5	43	Mpumi Luthuli	7838	Female	Soweto Cabal	23:03
6	46	Roslynd Dacey	12044	Female	UJ	23:50
7	51	Betty Phungwayo	4297	Female	Randburg Harriers	24:37
8	60	Lona Nyathi	T221	Female	Masai AC	27:57

### **Master Women 55-59**

Position	Overall	Name	Licence	Gender	Club	Time
1	28	Tracy	26696	Female	RAC	20:51
2	31	Winnie De Winnaar	2926	Female	Nedbank	21:38
3	33	Irene Jacobs	24531	Female	Miway Warriors	21:57
4	40	Welhemina	14573	Female	Sibanye stillwater	23:00
5	56	Sarah Mahlangu	22834	Female	Hollywood AC	25:40
6	63	Laura Venter	4244	Female	Nedbank	29:34



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### **Grandmaster Women 60-64**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	48	Sherryl Cant	6740	Female	Pirates Road Running	23:58
2	52	Ntombifuthi Mkhize	8745	Female	Hollywood AC	25:08
3	62	Queen Mafokosho	8746	Female	Hollywood AC	29:14

### **Grandmaster Women 65-69**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	53	Jemina Khiba	4449	Female	RAC	25:10
2	64	Selinah Netshisaulu	511	Female	RAC	30:43

### **Grandmaster Women 75-79**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	69	Rachel Ledwaba	16606	Female	Rocky Road Runners	



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### BOYS UNDER 16 & 17 - 6KM

#### Boys Under 16

Position	Overall	Name	Licence	Gender	Club	Time
1	2	Onesmus Ncube	41372	Male	Waterfall AC	22:09
2	4	Marthinus Bouwer	42011	Male	Helpmekaar	22:30
3	10	Dian Barnard	41719	Male	Irun AC	23:51
4	11	Kamogelo Nxumalo	41352	Male	Waterfall AC	24:26
5	12	Donovan Van Zyl	41735	Male	Irun AC	24:34
6	13	Patient	40575	Male	Boxer	24:51
7	14	Mthandeki Nhlapo	41069	Male	Phuthuma AC	24:52
8	16	Werno Pretorius	40469	Male	Kempies	25:06
9	18	Tylor Kroef	50811	Male	Helpmekaar	26:32
10	19	Kananelo Xaba	T053	Male	Phuthuma AC	26:36
11	26	Pinara Malatji	T140	Male	Maxed Elite	27:20
12	27	Ryan Hickley	40640	Male	Benoni High AC	27:23

#### Boys Under 17

Position	Overall	Name	Licence	Gender	Club	Time
1	1	Ntando Mokoka	42557	Male	Tsakane	21:48
2	3	Moselane Tabudi	42458	Male	Ubuhle AC	22:28
3	5	Shenyana Mashiloane	T158	Male	Phuthuma AC	22:43
4	6	Junior Morudi	40894	Male	Ghetto sport tech	22:44
5	7	Creflo Ruiters	40572	Male	Boxer	23:16
6	8	Cor Dirks	41405	Male	Hoerskool Randburg	23:30
7	9	Lebogang Ngwenya	41928	Male	Diepsloot AC	24:42
8	15	Thato Maebela	42692	Male	East AC	25:04
9	20	Lesedi Makuwa	41929	Male	Diepsloot AC	26:53
10	21	Shandukani Mugwena	T157	Male	Midrand Striders	26:57
11	25	Tshepiso Mogotsi	40709	Male	Ekhaya AC	27:20
12	34	Thandolwethu Ntini	41341	Male	Waterfall AC	31:22
13	37	Lungisa Mokonyane	42531	Male	United stars AC	32:10
14	41	Hlalefang Mhuala	40710	Male	Ekhaya AC	35:21
15	46	Ayanda Buthelezi	40711	Male	Ekhaya AC	36:39

#### OTHER

Category	Overall	Name	Licence	Gender	Club	Time
Under 19	22	Jakes Lottar	41357	Male	Waterfall AC	27:05
Under 19	31	Khalatsane Lerata	T067	Male	Katlehong AC	29:10



LEAGUE 1 - 20 APRIL 2024 - TSAKANE

**JUNIOR WOMEN / GIRLS UNDER 19 - 6KM**

Position	Overall	Name	Licence	Gender	Club	Time
1	17	Bronwyn Nel	40645	Female	Benoni High AC	25:10
2	24	Katelynn Steenkamp	40328	Female	Gallopers	27:17
3	28	Mianda De Wit	40480	Female	Kempies	27:54
4	29	Paresa Lelimo	41339	Female	Katlehong AC	28:32
5	35	Kamogelo Makgoka	42529	Female	United stars AC	31:30

**OTHER**

Category	Overall	Name	Licence	Gender	Club	Time
Under 17	48	Gugulethu Mopofeng	T223	Female	Tsakane	37:31



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### GRANDMASTER MEN (60+) - 6KM

#### Grandmaster Men 60-64

Position	Overall	Name	Licence	Gender	Club	Time
1	23	Arthur Wooldridge	11560	Male	Team Vitality	27:17
2	39	Dabbings Luhanga	5272	Male	Randburg Harriers	33:14
3	43	Dirk Venter	4510	Male	Nedbank	35:40
4	45	Lebelo Maise	1735	Male	RAC	36:29
5	53	George Sibiloane	25875	Male	Gallopers	42:32

#### Grandmaster Men 65-69

Position	Overall	Name	Licence	Gender	Club	Time
1	30	Sonny Leopeng	9433	Male	Lesedi AC	29:05
2	32	Moses Motshadi	104	Male	RAC	30:20
3	36	Christopher David Fuller	442	Male	RAC	31:48
4	38	Guy Drew	T041	Male	No Club	32:29
5	42	Jan(Buks) Saaiman	5759	Male	Springs Striders	35:39
6	50	Derek Brentano	3308	Male	Randburg Harriers	37:31
7	54	Glen Vd Westhuizen	13	Male	Benoni High AC	42:32

#### Great Grandmaster Men 70-74

Position	Overall	Name	Licence	Gender	Club	Time
1	33	Cyril Vergie	8962	Male	Mercury AC	30:30
2	47	Wilson Netshisaulu	4367	Male	RAC	37:02
3	49	Maxwell Teffo	19150	Male	Tembisa AC	39:09
4	51	Chris Reed	1354	Male	Panorama	39:09
5	52	Kenneth Tulk	9265	Male	RAC	39:09

#### Great Grandmaster Men 75-79

Position	Overall	Name	Licence	Gender	Club	Time
1	44	Brian Currie	22741	Male	Springs Striders	35:43



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### VETERAN MEN (40-49) - 8KM

#### Veteran Men 40-44

Position	Overall	Name	Licence	Gender	Club	Time
1	2	Abram Themba Miya	23289	Male	Tsakane	29:25
2	3	Pule Tjaoane	6505	Male	Maxed Elite	29:53
3	4	Kwena Phooko	7088	Male	Lesedi AC	29:53
4	6	Siyavuya Thomas	12080	Male	Ivory Park AC	30:35
5	10	Lefu Lephoto	26508	Male	Mamepe Striders	31:55
6	11	Croyden Williams	2867	Male	Mercury AC	32:12
7	13	Matidi Mokwana	17411	Male	Hollywood AC	32:34
8	14	Lwandise Mbhele	9295	Male	Katlehong AC	33:34
9	15	Sithari Khathutshelo	22974	Male	Kagiso Striders AC	33:35
10	16	Clive Mawai	T034	Male	No Club	33:59
11	19	Peter Mogole	14062	Male	Kagiso Striders AC	34:10
12	20	Stephan Steenkamp	18834	Male	Team Vitality	34:29
13	23	Henrik Hartmann	22038	Male	Rocky Road Runners	34:37
14	25	Bongani	2248	Male	Fit 2000	35:11
15	29	Kagiso Morale	23296	Male	Gallopers	36:37
16	30	Mpho Makhumisane	3279	Male	Hollywood AC	36:55

#### Veteran Men 45-49

Position	Overall	Name	Licence	Gender	Club	Time
1	1	Omo Hlingwane	1117	Male	Waterfall AC	28:20
2	5	Joel Nkadameng	17376	Male	Hollywood AC	30:18
3	7	Clement Hlalele	8538	Male	Rainbow	30:48
4	8	Mafika	224	Male	Waterfall AC	31:05
5	9	Sechaba Qhoaisa	12777	Male	Mamepe Striders	31:30
6	17	Mpho	8632	Male	Scaw	34:00
7	22	David Seabi	T036	Male	Boxer	34:34
8	26	Roger Hickley	2738	Male	Benoni High AC	35:17
9	27	Golden Jowa	4339	Male	Runzone	35:45



LEAGUE 1 - 20 APRIL 2024 - TSAKANE

**MASTER MEN (50-59) - 8KM**

**Master Men 50-54**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	24	Bongani Socishe	23274	Male	Malvern AC	34:58
2	28	Ruben Nkabinde	4817	Male	Tsakane	36:05
3	31	Johannes Mangala	11245	Male	East AC	37:21
4	32	Tebuko Nomandi	T178	Male	Diepsloot AC	37:28
5	33	Adrian Steven	19480	Male	Team Vitality	38:01
6	34	Gawie Beukman	11122	Male	Team Vitality	39:11

**Master Men 55-59**

<b>Position</b>	<b>Overall</b>	<b>Name</b>	<b>Licence</b>	<b>Gender</b>	<b>Club</b>	<b>Time</b>
1	12	Moeketsi Moagi	12281	Male	Waterfall AC	32:34
2	18	George Mngomezulu	14575	Male	Sibanye stillwater	34:01
3	21	Esau Miya	641	Male	SAPS	34:36





## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### SENIOR MEN - 4KM

Position	Overall	Name	Licence	Gender	Club	Time
1	3	Thabang Sebopa	8309	Male	Born 2 Run	13:26
2	4	Bennett Molefe	T023	Male	Hollywood AC	13:41
3	6	Vusi Mazibuko	T200	Male	Lesedi AC	14:09
4	7	Thomas Masuku	26502	Male	Mamepe Striders	14:31
5	9	Knowledge Nyathi	T070	Male	Lesedi AC	15:02
6	14	Dylan Steed	26172	Male	Lydiard	16:08
7	21	Brandon Vermaak	T030	Male	Randburg Harriers	18:48

### MEN UNDER 23 - 4KM

Position	Overall	Name	Licence	Gender	Club	Time
1	2	Karabo Ntholeng	595	Male	Maxed Elite	12:55
2	5	Tebogo Matsimela	41309	Male	Top runners	14:07
3	8	Thabiso George Mokgala	26170	Male	Lydiard	14:57
4	10	Mncedisi Molefe	16388	Male	Katlehong AC	15:36
5	11	Tyler Nelson	40577	Male	Trinity AC	15:44
6	12	Khutso Masekwameng	8491	Male	Rainbow	15:53
7	13	Theron Nabela	T224	Male	Tsakane	15:54
8	15	Ashley Mufundisi	5994	Male	Trinity AC	16:16
9	16	Sandile Sengwayo	19798	Male	Katlehong AC	16:38

### MEN - OTHER

Category	Overall	Name	Licence	Gender	Club	Time
35-39	1	Marko Bucarizza	8040	Male	Born 2 Run	12:54



LEAGUE 1 - 20 APRIL 2024 - TSAKANE

**SENIOR WOMEN - 4KM**

Position	Overall	Name	Licence	Gender	Club	Time
1	17	Tashia Mbobo	26678	Female	RAC	17:18
2	18	Channen Long	2940	Female	Pirates Road Running	17:31
3	19	Makoma Batji	6490	Female	Maxed Elite	18:11
4	24	Roxanne Allison	4414	Female	Waterfall AC	19:19
5	27	Lebogang Shovhote	T076	Female	Midrand Striders	21:07
6	28	Tshegofatso Vocho	22838	Female	Hollywood AC	21:09

**WOMEN UNDER 23 - 4KM**

Position	Overall	Name	Licence	Gender	Club	Time
1	20	Kedibone Mohwang	26498	Female	Mamepe Striders	18:26
2	26	Kedi Mohwang	26499	Female	Mamepe Striders	20:12
3	29	Violet Chiluvane	T199	Female	Benoni Northerns	22:38

**WOMEN - OTHER**

Category	Overall	Name	Licence	Gender	Club	Time
35-39	22	Andronica Mokgotla	8510	Female	Nedbank	18:49
35-39	23	Lettie Seabela	16750	Female	SAPS	18:55
40-44	25	Mpho Mabuza	8376	Female	Gallopers	20:07



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### JUNIOR MEN / BOYS UNDER 19 - 8KM

Position	Overall	Name	Licence	Gender	Club	Time
1	1	Prince Khelemithi	40751	Male	Fitness From Africa	28:09
2	2	Teboho Dhlamini	40895	Male	Ghetto sport tech	28:46
3	3	Joy Modiselle	41159	Male	East AC	29:03
4	4	Avuma Pheza	41154	Male	East AC	29:49
5	7	Kevin Hickley	40642	Male	Benoni High AC	32:02
6	8	Geordan Harris	40859	Male	Panorama	32:41
7	9	Kevin Marais	41411	Male	Hoerskool Randburg	33:39
8	10	Metse Sekiba	41164	Male	East AC	35:23
9	11	Mfundo Mbokane	T110	Male	UJ	39:20

### SUB VETERAN MEN (35-39) - 8KM

Position	Overall	Name	Licence	Gender	Club	Time
1	5	Moeletsi Moletsane	T112	Male	Tsakane	30:42
2	6	Ntiti Konana	14618	Male	Sibanye stillwater	31:48



## LEAGUE 1 - 20 APRIL 2024 - TSAKANE

### OPEN MEN - 10KM

Position	Overall	Name	Licence	Gender	Club	Time
1	1	Sakhile Sangweni	1748	Male	Gallopers	34:19
2	2	Kwanda Longoza	25974	Male	East AC	35:07
3	3	Derocious	17902	Male	Kempton Road Runners	35:35
4	4	Thabo Pende Masina	13714	Male	Waterfall AC	35:51
5	5	Mokaedi Pheko	11579	Male	Diepsloot AC	36:08
6	7	Nkanyezi Ziqubu	9154	Male	Waterfall AC	36:34
7	8	Ndoda Beka	26501	Male	Mamepe Striders	36:41
8	9	Tokyo	T225	Male		0 36:49
9	10	Oscar Siyabulela Notshweleka	7903	Male	Ivory Park AC	36:51
10	11	Lefa Kwanele	26497	Male	Mamepe Striders	37:08
11	12	Lucky Ramphale	19808	Male	Hollywood AC	37:32
12	13	Mpumelelo	23107	Male	Benoni Northerns	37:51
13	14	Siyabonga Dlamini	26594	Male	Ubuhle AC	37:56
14	15	Nando Mafuyeka	4835	Male	Tsakane	38:07
15	16	Eden Hendricks	2971	Male	Mercury AC	38:14
16	17	Mpho Namane	23287	Male	Tsakane	38:59
17	18	Gcina Amos Mazibuko	1371	Male	Boxer	39:26
18	19	Sabelo Simerane	10768	Male	Benoni Northerns	39:28
19	20	Lebohang Mokoena	22381	Male	Ubuhle AC	40:15
20	21	Thabang Mawela	14407	Male	Daveyton Hearts	40:26
21	22	Valentine Mokoena	25235	Male	Waterfall AC	41:28
22	23	Mpangazitha Mkhwanazi	41627	Male	Boxer	42:13
23	24	Siyamthanda Tunzi	42409	Male	Gallopers	42:33

### OPEN WOMEN - 10KM

Position	Overall	Name	Licence	Gender	Club	Time
1	25	Nicole Swanepoel	11550	Female	Boxer	43:49
2	26	Selinah Madiela	23409	Female	Old Eds AC	44:00
3	27	Meisie Lettie Dlamini	20024	Female	Phuthuma AC	47:49
4	28	Tshepiso Mofokeng	T197	Female	Boxer	49:53
5	29	Dimakatso Lizzy Dlamini	T037	Female	Phuthuma AC	54:57
6	30	Thembeke Mbatha	T189	Female	Gallopers	58:45
7	31	Christina Silale	1039-B	Female	Boksburg AC	59:05