

Race: God's Window

Distance: 10 km

Date: 5/10/2019

Overall Winners

Men

Name	Club	Race no.	Time
1 st Kamogelo Mntsi	Temp	16425	36:04
2 nd Pekwa Marowane	Matibidi Club	4874	37:38
3 rd Wesly Maseko	Matibidi Club	4870	41:27

Categories

Name	Club		Time
Junior Kamogelo Mntsi	Temp	16425	36:04
40+ David Klasen	Midack	3495	47:43
50+ Juniors Malafju	Matibidi Club	4839	50:33
60+ Paul Hatch	Neelbank	2541	52:32
70+ Derek Lomas	Run Walk for Life	4797	1:13:08
Walker Howard Kemp	Temp	14956	1:19:17

Overall Winners

Ladies

Name	Club		Time
1 st Chantal Middel-Bowee	Definition	3495	47:43
2 nd Louise Hyman	Temp	16420	53:41
3 rd Irene Hatch	Neelbank	2540	56:04

Categories

Junior			
40+ Chantal Middel-Bowee	Definition	3495	47:43
50+ Irene Hatch	Neelbank	2540	56:04
60+ Veronica Daubell	Legogote Villagers	210	1:04:31
70+			
Walker Helga van der Westhuizen	Temp	14956	1:19:17

Referee



Race: God's Window **Distance:** 21 km

Date: 5/10/2019

Overall Winners

Men

Name	Club	Race no.	Time
1 st Thato Mbogane	Entsika Club	5997	1:21:09
2 nd Jacky Sibuyi	City of Mhombela	5247	1:25:10
3 rd Surprise Makofane	Entsika Club	23 440	1:27:02

Categories

Name	Club		Time
Junior Danboy Mhlango	City of Mbombela	205	1:30:23
40+ Elvis Chirwa	SAPS	3070	1:56:00
50+ Makalang Phapane	Nelspruit MX	1313	1:31:20
60+ Lessas Chiloane	Hoedspruit	477	1:44:22
70+ Gerhard Nortje	Legogote Villagers	184	2:21:35
Walker			

Overall Winners

Ladies

Name	Club		Time
1 st Madeleine Whitehair	Run Walk for Life	3000	1:44:12
2 nd Elzanne Kuun	Hoedspruit	473	1:49:44
3 rd Alexis Badenhorst	Lowmed	4047	1:51:07

Categories

Junior			
40+ Madeleine Whitehair	Run Walk for Life	3000	1:44:12
50+ Kate Hulett	Run Walk for Life	1309	2:00:38
60+ Catharina Robbertze	Run Walk for Life	2914	3:30:05
70+ Gerhard Nortje	Legogote Village		
Walker			

Referee Messel.