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## Get on board with these puzzles

### SUDOKU

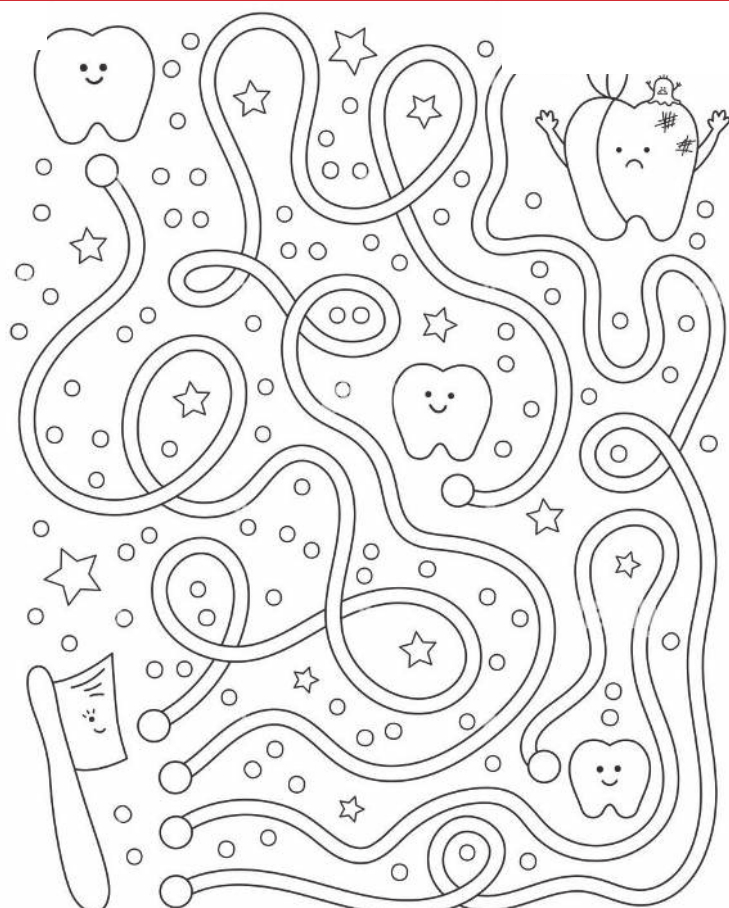
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|---|---|---|---|---|---|---|---|---|
|   |   | 7 |   |   |   |   | 8 | 4 |
| 1 |   |   | 6 |   | 4 | 2 |   | 7 |
| 9 | 5 | 4 |   |   | 2 |   |   |   |
| 7 |   |   | 4 | 6 |   |   | 3 |   |
|   | 3 |   | 2 |   | 1 |   | 4 | 5 |
|   | 2 | 8 |   | 3 |   |   | 9 |   |
| 5 | 4 | 1 |   | 2 |   |   |   |   |
| 8 |   |   | 3 |   |   |   | 6 | 1 |
| 3 |   |   |   | 5 | 8 |   | 2 | 9 |



### 10 Shocking personal hygiene facts

1. Germs can survive on your hands for over 3 hours.
2. The average person only spends 6 seconds washing their hands.
3. Remember to wash your hands before preparing and eating food!
4. Some people don't wash their hands at all.
5. Only 2/3 of people who do wash their hands use soap.
6. 38% of men and 60% of women don't wash their hands after using the toilet.
7. Hand drying is just as important as actually washing your hands.
8. 40% of people don't wash their hands after sneezing, coughing or blowing their nose.
9. Your fingertips acquire almost double the amount of germs after using the toilet.
10. Toothbrushes aren't as clean as you think.

### Help the toothbrush get to the aching tooth

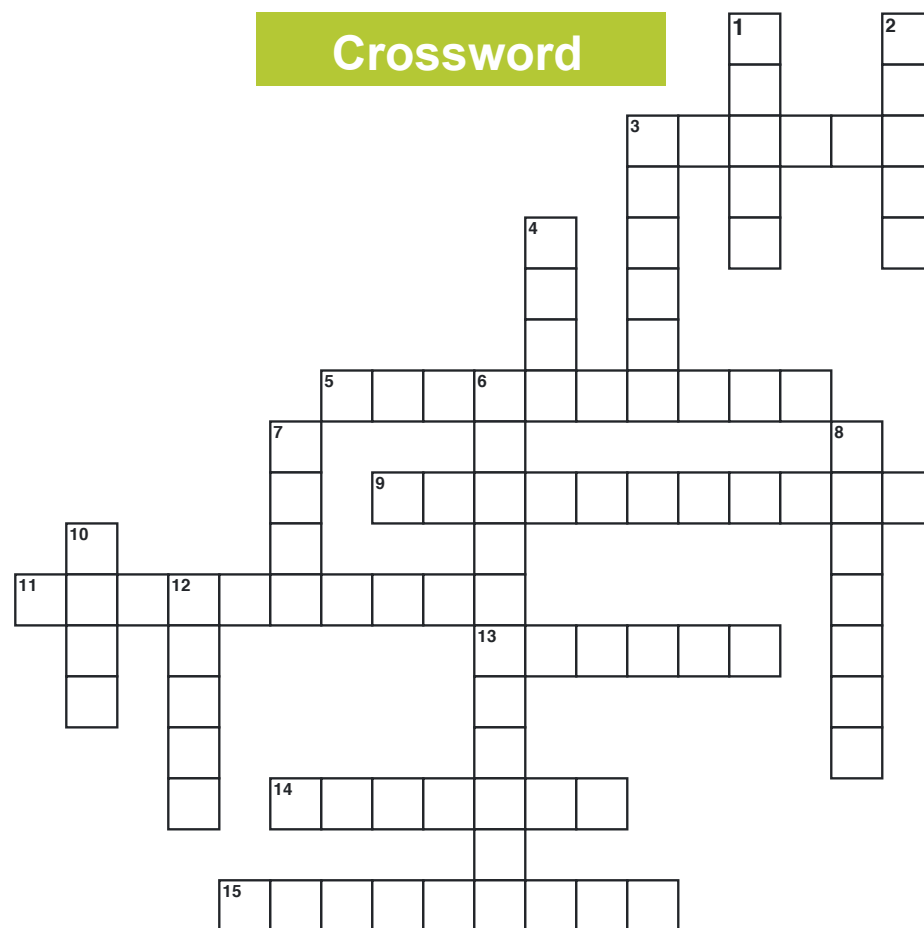


### Word search

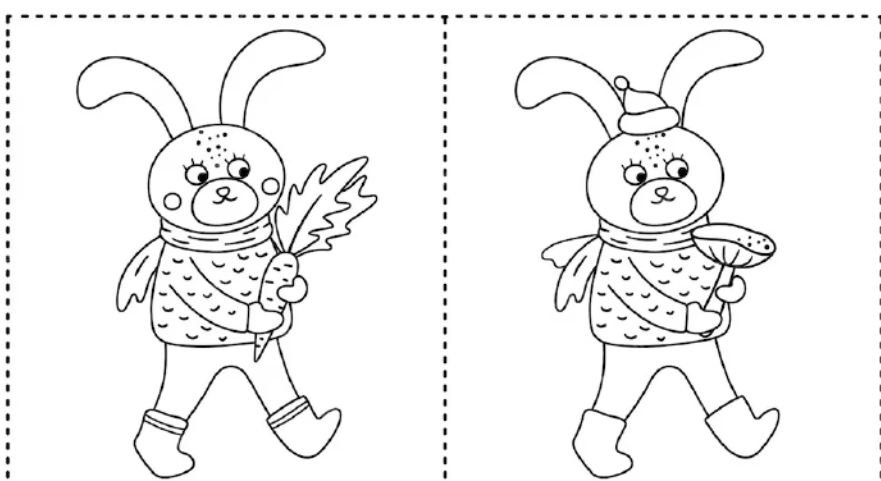
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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| W | T | D | H | W | P | T | Y | H | T | L | A | E | H |
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| S | R | D | A | A | S | T | B | E | S | N | T | P | O |
| H | S | O | R | P | A | H | O | M | H | P | O | G | W |
| O | O | R | D | T | A | P | T | H | G | A | R | N | E |
| W | R | A | O | D | B | A | T | H | I | N | G | I | L |
| E | D | N | G | N | E | S | W | T | I | W | A | B | H |
| R | S | T | E | G | T | T | A | R | R | B | A | B | R |
| P | W | U | R | E | T | E | T | G | F | P | S | U | L |
| T | E | E | M | U | F | R | E | P | E | T | A | R | S |
| A | A | O | S | O | H | E | R | M | A | N | H | C | A |
| S | T | I | P | G | S | H | A | M | P | O | O | S | D |
| I | P | P | O | P | G | N | I | V | A | H | S | R | H |

BATHING  
WATER  
TOOTHPASTE  
SHAMPOO  
TOWEL  
SOAP  
SHAVING  
SWEAT  
SHOWER  
SCRUBBING  
HEALTHY  
GERMS  
DEODORANT  
RAG  
PERFUME  
WASH

### Crossword



### Spot 5 differences in these pictures



#### Across

- [3] Soft material for washing and cleaning your body.  
[5] A brush to clean your teeth and make them strong.  
[9] Tool for trimming your nails to keep them neat.  
[11] Paste that makes your teeth shiny and clean.  
[13] Soft paper for blowing your nose or cleaning up.  
[14] Liquid for washing your hair and making it nice and fresh.  
[15] Something that keeps you smelling fresh.

#### Down

- [1] A tiny string to clean between your teeth.  
[2] Being super-duper neat and free from dirt.  
[3] Standing under a stream of water to get squeaky clean.  
[4] To get all sparkly clean using soap and water.  
[6] Special paper for staying clean after using the toilet.  
[7] Sudsy stuff that helps get rid of dirt when you wash.  
[8] Fragrance to keep your skin smelling nice and fresh.  
[10] A tool that makes your hair neat and smooth.  
[12] A soft cloth to dry yourself after a shower.

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