





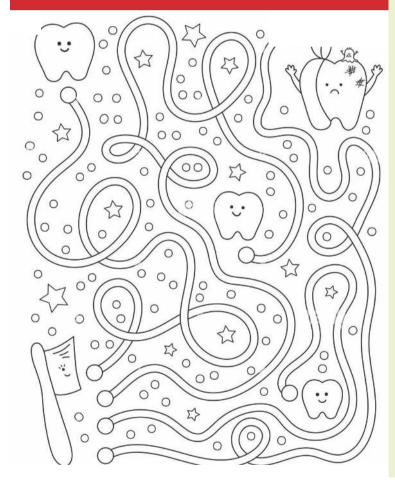
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# Get on board with these puzzles

## **SUDOKU**

		7					8	4
1			6		4	2		7
9	5	4			2			
7			4	6			3	
	3		2		1		4	5
	2	8		3			9	
5	4	1		2				
8			3				6	1
3				5	8		2	9

#### Help the toothbrush get to the aching tooth



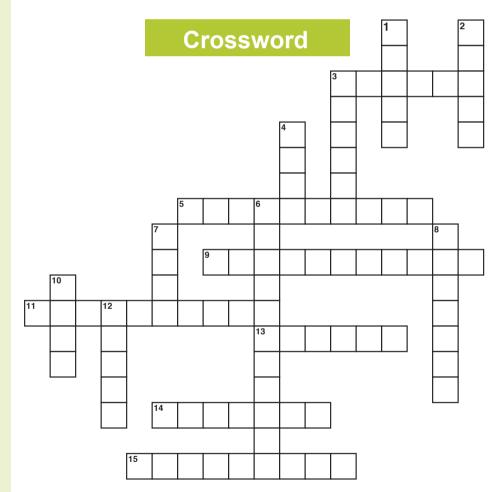


# 10 Shocking personal hygiene facts

- 1. Germs can survive on your hands for over 3 hours.
- 2. The average person only spends 6 seconds washing their hands.
- 3. Remember to wash your hands before preparing and eating food!
- 4. Some people don't wash their hands at all.
- 5. Only 2/3 of people who do wash their hands use soap.
- 6. 38% of men and 60% of women don't wash their hands after using the toilet.
- 7. Hand drying is just as important as actually washing your hands.
- 8. 40% of people don't wash their hands after sneezing, coughing or blowing their nose.
- 9. Your fingertips acquire almost double the amount of germs after using the toilet.
- Toothbrushes aren't as clean as you think.

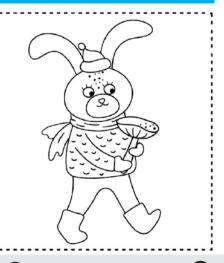
### Word search

W	Т	D	Н	W	P	Т	Υ	Н	Т	L	Α	Ε	Н	BATHING WATER TOOTHPASTE SHAMPOO TOWEL SOAP SHAVING SWEAT SHOWER SCRUBBING HEALTHY GERMS DEODORANT RAG PERFUME WASH
S	S	Ε	М	Α	М	0	R	N	W	G	Т	W	Т	
0	Т	0	N	Ε	U	0	Т	G	Α	S	٧	S	Т	
S	R	D	Α	Α	S	Т	В	Ε	S	N	Т	P	0	
Н	S	0	R	P	Α	Н	0	М	Н	P	0	G	W	
0	0	R	D	Т	Α	P	Т	Н	G	Α	R	N	Ε	
W	R	Α	0	D	В	Α	Т	Н	Ι	N	G	Ι	L	
Ε	D	N	G	N	Ε	S	W	Т	Ι	W	Α	В	Н	
R	S	Т	Ε	G	Т	Т	Α	R	R	В	Α	В	R	
P	W	U	R	Ε	Т	Ε	Т	G	F	P	S	U	L	
T	Ε	Ε	М	U	F	R	Ε	P	Ε	Т	Α	R	S	
Α	Α	0	S	0	Н	Ε	R	М	Α	N	Н	С	Α	
S	Т	Ι	Р	G	S	Н	Α	М	P	0	0	S	D	
Ι	Р	P	0	P	G	N	Ι	٧	Α	Н	S	R	Н	



#### **Spot 5 differences in these pictures**





#### Across

- [3] Soft material for washing and cleaning your body.
  [5] A brush to clean your teeth and make them strong.
- [9] Tool for trimming your nails to keep them neat.
- [11] Paste that makes your teeth shiny and clean.[13] Soft paper for blowing your nose or cleaning up.
- [14] Liquid for washing your hair and making it nice and fresh.
- fresh. [15] Something that keeps you smelling fresh.

#### Down

- [1] A tiny string to clean between your teeth.
- [1] A tiny string to clean between your teeth.[2] Being super-duper neat and free from dirt.
- [3] Standing under a stream of water to get squeaky clean.
- [4] To get all sparkly clean using soap and water.
  [6] Special paper for staying clean after using the toilet.
- [7] Sudsy stuff that helps get rid of dirt when you wash.
- [8] Fragrance to keep your skin smelling nice and fresh.
- [10] A tool that makes your hair neat and smooth.[12] A soft cloth to dry yourself after a shower.



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