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SUDOKU

2	6	7	5	1	3	9	8	4
1	8	3	6	9	4	2	5	7
9	5	4	8	7	2	6	1	3
7	1	5	4	6	9	8	3	2
6	3	9	2	8	1	7	4	5
4	2	8	7	3	5	1	9	6
5	4		9	2	6	3	7	8
8	9	2	3	4	7	5	6	1
3	7	6	1	5	8	4	2	9



10 Shocking personal hygiene facts

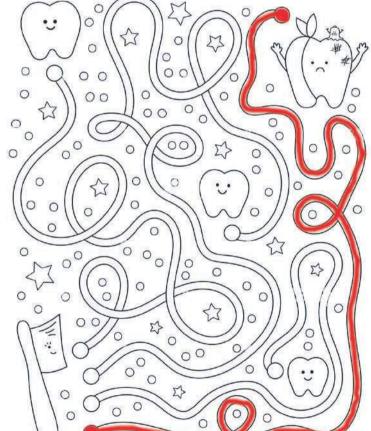
- 1. Germs can survive on your hands for over 3 hours.
- 2. The average person only spends 6 seconds washing their hands.
- 3. Remember to wash your hands before preparing and eating
- 4. Some people don't wash their hands at all.
- 5. Only 2/3 of people who do wash their hands use soap.
- 6. 38% of men and 60% of women don't wash their hands after using the toilet.
- 7. Hand drying is just as important as actually washing your hands.
- 8. 40% of people don't wash their hands after sneezing, coughing or blowing their nose.
- 9. Your fingertips acquire almost double the amount of germs after using the toilet.
- 10. Toothbrushes aren't as clean as you think.

W	T	D	Н	W	Р	T	Y	Н	T	L	Α	E	H
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0	T	0	N	Ε	U	0	Т	G	Α	S	V	S	T
S	R	D	A	Α	S	T	В	E	S	N	Т	Р	0
Н	S	0	R	P	Α	Н	0	M	H	P	0	G	W
0	0	R	D	Т	Α	P	Т	Н	G	Α	R	N	E
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Ε	D	N	G	N	Ε	S	W	Т	I	W	Α	В	Н
R	S	T	E	G	Т	T	Α	R	R	В	Α	В	R
Ρ	W	U	R	Ε	Т	E	Т	G	F	Р	S	U	L
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Α	Α	0	S	0	Н	Ε	R	M	Α	N	Н	C	Α
S	T	I	Р	G	S	Н	Α	M	Р	0	0	S	D
Ι	Р	P	0	P	G	N	Ι	V	Α	Н	S	R	Н

BATHING WATER **TOOTHPASTE** SHAMP00 TOWEL **SOAP** SHAVING **SWEAT** SHOWER SCRUBBING HEALTHY **GERMS** DEODORANT RAG PERFUME WASH

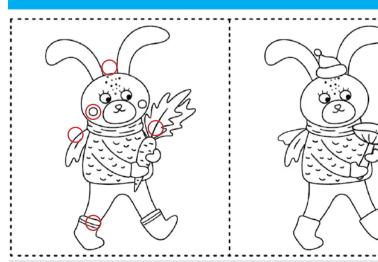
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Help the toothbrush get to the aching tooth



С Crossword L s 0 Ν G Ε Н Α W Ν 0 W Α s Ε 0 н U s Н 0 Έ В R P s 0 0 N Α С Ε R 10 C Α L R T 0 Ρ F 0 Н s T М 0 U U W Ρ В М Ε Ε Α Н Ρ 0 0 Α M Ε 0 D 0 R N Т Α

Spot 5 differences in these pictures



- [3] Soft material for washing and cleaning your body. [5] A brush to clean your teeth and make them strong.
- [9] Tool for trimming your nails to keep them neat.
- [11] Paste that makes your teeth shiny and clean.
- [13] Soft paper for blowing your nose or cleaning up. [14] Liquid for washing your hair and making it nice and
- [15] Something that keeps you smelling fresh.

- [1] A tiny string to clean between your teeth.
- [2] Being super-duper neat and free from dirt.
- [3] Standing under a stream of water to get squeaky clean. [4] To get all sparkly clean using soap and water.
- [6] Special paper for staying clean after using the toilet.
- [7] Sudsy stuff that helps get rid of dirt when you wash. [8] Fragrance to keep your skin smelling nice and fresh.
- [10] A tool that makes your hair neat and smooth.
- [12] A soft cloth to dry yourself after a shower.



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